

VA Area District Representative 57/008 Report

Date of Meeting: n/a

District Name and Number: Fairfax District 57/008

DR Name and email: Chris Batchelder, cbnp15@verizon.net

Updates since last meeting

- Successes/Events or projects the District has completed since last meeting
 - Farewell dinner for outgoing GRs and welcome to incoming GRS; a review of District 8 2019 Goals and Objectives.
 - Distribution of 350 AFA 2019; 100 Trifolds with District 8 groups and Al Anon explanatory highlights
 - Restart of District participation in the Fairfax INOVA Hospital Comprehensive Addiction Treatment Al Anon Wednesday night family meetings
 - First-time coordination with Fairfax County Community Services Board. District 8 GR Debra Gessel met with the Women's Resource Center, Peer Resource Center, and Recovery Peer Support Specialist, Emergency services to discuss Al Anon resources available, left handout of Al-Anon resources, copies of District 8 Trifolds and Al-Anon Faces Alcoholism 2019 booklets
 - Participated in Northern Virginia Healthy Relationships workshop at the INOVA Fairfax Physician's Conference Center by conducting a workshop on Intimacy in the Alcoholic Relationship using the book, "Intimacy in Alcoholic Relationships," as a guide.

- Events/projects the District is planning
 - Participate in Al Anon VA Convention with workshop on Prayer and Meditation
 - Participate in November, 2019 Gratitude Brunch
 - Fall District 8 Workshop

- Goals/Challenges:
 - Fill GR positions; position a GR to take on DR responsibilities in 2020
 - Identify public outreach team
 - Outreach to local colleges to start new Al Anon meeting
 - Increase diversity in Fairfax meetings; start a minority focused meeting
 - Increase Al Ateen sponsors

